

FOREIGN IN THE CZECH REPUBLIC? DO YOU NEED ADVICE?



WHAT CAN WE HELP YOU WITH?

- ▶ social and work related counseling and assisting clients with local authorities
- ▶ legal counseling
- ▶ counseling, assistance and interpreting at the immigration offices of the Ministry of the Interior in Prague (languages we offer: English, Russian, Vietnamese, Arabic, Mongolian and French)
- ▶ programs and services for families with children
- ▶ psychotherapy

HELP IS FREE OF CHARGE!



COMMUNITY CENTRE
FOR MIGRANTS
AND THE CZECH PUBLIC


www.inbaze.cz

WHERE CAN YOU FIND US?

We seat at: Inbáze, z. s.
Legerova 50, 120 00 Praha 2
tel.: +420 739 037 353; socialni@inbaze.cz

In our partner organization:

Integrační centrum Praha, o.p.s.
– on Tuesdays and Wednesdays at ICP Prague 12
Sofijské náměstí 3400, 143 00 Prague 12 - Modřany

 Our mission is to help migrants and their families in life in Czech Republic. We create safe and open space for getting to know each other and for understanding between Czech citizens and people of different cultures.

SOCIAL AND CAREER COUNSELLING

- ▶ **HOUSING** – we can help you find accommodation and solve other problems connected to housing
- ▶ **WORK** – we can help you in finding a job, writing your resume or answer questions regarding your labor rights
- ▶ **HEALTH CARE AND INSURANCE** – we can help you find a doctor and file health insurance claims
- ▶ **EDUCATION** – we help in finding schools and courses for the improvement of your qualification
- ▶ **OFFICIAL RECOGNITION OF FOREIGN DEGREES** – we can help you in the process of having your foreign degrees recognized in the Czech Republic
- ▶ **FINANCIAL HELP** – together we can see, if you are entitled to social benefits and also help you in applying for them
- ▶ **RESIDENCE** – we can provide you counseling in residence issues, assist you in communicating with relevant authorities and in the visa application process

Should you be in need of assistance, we can accompany you when dealing with local authorities and help you with your administrative matters.

Arrange an appointment, shall you be in need of social or work counseling.

RECEPTION: Czech, Russian, English, tel.: +420 739 037 353, info@inbaze.cz

LEGAL COUNSELLING

- ▶ **RESIDENCE AND CITIZENSHIP** – how to receive a visa, temporary residence, a long-term residence permit, a permanent residence permit or become a Czech citizen and how to extend a residence permit
- ▶ – we further provide general information in matters related to employment, family relations, civil relations, courts and court proceedings, distraint proceedings, administrative infractions, entrepreneurship and criminal law

We do not provide legal representation. Nevertheless, we offer possibilities on how to resolve your problematic situations. Arrange an appointment, shall you be in need of legal counseling.

RECEPTION: Czech, Russian, English, tel.: +420 739 037 353, info@inbaze.cz

PROGRAMS AND SERVICES FOR FAMILIES WITH CHILDREN

- ▶ **FINDING A SCHOOL OR PRESCHOOL FOR CHILDREN**
- ▶ **FINDING AFTER-SCHOOL ACTIVITIES AND HELP WITH CATCHING UP ON SCHOOL WORK**
- ▶ **FINDING FREE-TIME ACTIVITIES**
- ▶ **FAMILY RELATIONS**
- ▶ **HOUSEHOLD FINANCES** (family budget, etc.)



PSYCHOTHERAPEUTIC COUNSELING

Shall you have personal problems or be going through hard times, shall you have feelings of loneliness or be in need to talk to someone, please feel free to contact us for psychotherapeutic counseling in Czech, Russian, English or Uzbek at: terapie@inbaze.cz, tel.: +420 737 754 418.



ASSISTANCE SERVICES OF INTERCULTURAL WORKERS AT THE DEPARTMENT FOR RESIDENCE OF FOREIGNERS AT THE MINISTRY OF THE INTERIOR OF THE CZECH REPUBLIC



➤ **OPC Koněvova 188/32, Praha 3 – Žižkov**
InBáze office on 1st floor

➤ **OPC Cigánkova 1861/2, Praha 4 – Chodov**
InBáze office on ground floor



- we can advise on your immigration status
- we can help you fill in forms
- we can check your documents
- we can help you with writing cover letters to applications, responses to requests for the removal of errors in your application and other similar documents
- we offer interpreting into and from **Mongolian, Arabic, Vietnamese, Russian, French and English**

Our current working hours may be found on a leaflet attached to this flier or on our website www.inbaze.cz



INTERCULTURAL WORKERS:

RUSSIAN, ENGLISH, CZECH:

+420 732 547 886; rus@inbaze.cz

ARABIC, ENGLISH, CZECH:

+420 732 549 586; arab@inbaze.cz

VIETNAMESE, ENGLISH, CZECH:

+420 608 528 806, +420 608 817 531; viet@inbaze.cz

MONGOLIAN, ENGLISH, CZECH:

+420 775 283 418; mon@inbaze.cz

FRENCH, ENGLISH, CZECH:

+420 773 898 680; fr@inbaze.cz



COME AND JOIN US AT OTHER EVENTS WE ORGANIZE

- ▶ regular **activities for children and youth** (creative afternoons in the InBáze Community Centre and in the InBáze Art Studio, attending theater plays, visiting museums and trips to the countryside)
- ▶ **multicultural Circles** (Wednesday afternoon group for women, group for mothers with children under the age of 6 and a group for seniors)
- ▶ a cycle of lectures **„Getting to know your new Home“** (presentations and discussions about life in the Czech Republic)
- ▶ **cooking courses**

JOIN US

- ▶ **in celebrating holidays across cultures** (Easter, carnival, Christmas, etc.)
- ▶ during weekend **stays and camps** for children and youth
- ▶ for **summer stays** for participants in multicultural Circle

JOIN US AT THE MULTICULTURAL FESTIVAL REFUFEST

which we **annually** organize in the center of Prague and also outside of Prague

ARE YOU ORGANIZING A SOCIAL EVENT?

Order exotic catering for good prices prepared by migrant women. You can enjoy dishes from Georgia, Afghanistan, Armenia, Iran, Belarus and other countries.

For more information visit www.ethnocatering.cz

